

2023 Graduate Program

What does the Education Program cover?

What content is covered in the 40 days (equivalent) of Professional Learning?

The Education curriculum for the Graduate Program has been developed from the *headspace Graduate Capability Framework*.

The six capabilities are:

1. Understand young people within their broader social, family, and cultural context with awareness of headspace priority groups
2. Apply an understanding of adolescent development and mental ill health in your practice
3. Employ relevant clinical assessments and interventions
4. Work effectively in a headspace team
5. Work effectively in a respectful, ethical, and culturally safe way within the mental health and broader service sectors
6. Build a foundation for a rewarding career in mental health

The following list provides you with many of the themes covered in the Graduate Education curriculum. The learning is delivered through online learning modules, live online webinars and workshops and through Seminars and Discipline Community groups where there is opportunity for small group discussion.

The headspace Priority groups, and headspace four core streams have also been prioritised in the educational content as well as key skills for professionals working at headspace and the broader youth mental health sector.

Themes:

Self-care and supervision	Cultural safety	Aboriginal and Torres Strait Islander Social Emotional Wellbeing Model	Engagement with young people and families
headspace Assessment: Including: Mental State Examination Formulation and Risk Assessment	Adolescent development	Common mental health conditions in adolescence	Developmental and learning differences
Diagnosis	LGBTQIA+ Inclusive practice	Brief Interventions	Single Session Thinking
Screening Tools	Trauma Informed Practice	Law for Mental Health Practitioners	Inclusive Practice: working with refugee, migrant and Aboriginal and Torres Strait Islander young people
Evidence Informed Interventions	Family Inclusive Practice	Working with systems	Vocational Support
Physical and sexual health	Alcohol and other drugs	Therapeutic Group work	